

# *the* OVERLOOK

WINTER 2020



ORCHID ISLAND  
GOLF & BEACH CLUB



**Bruce Behrens**  
PRESIDENT

It's a pleasure to have everyone back for a full season of friends and activities. We are welcoming many great new members who are bringing enthusiasm and involvement to our Club. This is the life blood of Orchid. New Equity Club Membership activity has continued strong into our current fiscal year validating the attractiveness of our Club and Community.

By now, many of you have met our new key Department Heads: David Champagne, Director of Golf; Marci Arnold, Membership Director; and Anne Torline, Orchid Island Realty Broker. They have each hit the ground running and bring eagerness and devotion to their roles.

Our Accounting, HR, Administrative and Maintenance Staff are happily in place in their new facilities off A1A, having been stoically patient for the new, comfortable and attractive buildings. These Staff do so much to keep our Club humming and we appreciate their service.

Our next big project, creating a new Spa, continues to progress. The Spa Subcommittee has closely examined other clubs and their spa designs and experiences and is finalizing the plans. Complementing our sports and fitness facilities, the Spa will round out our wellness and lifestyle offerings for our current and prospective members, keeping Orchid at the lead of Premier Clubs.

There appears to be a good vibe at Orchid at this time. We have been fortunate to have a good economy and demographics favoring Florida life style and retirement. Our Club facilities and homes are attractive and first rate. Most importantly, we have a well-deserved reputation for Member collegiality and excellent Staff and Management. The economy and macro conditions can change beyond our control, but we can continue to work at harmonizing our Club experience. With this in mind, we welcome suggestions and comments that reinforce and enhance the living experience at Orchid.

**Our Annual Meeting of Members will be held on Monday, February 24 at 4:00 PM in the Sandpiper Room.** There will be a special presentation by Orchid Island Realty. We hope you will be able to attend.



**Robert Tench**  
CCM, GENERAL MANAGER/C.O.O.

Once again, the Orchid Membership was generous in contributing to our Annual Team Members' Holiday Fund. The entire Staff thanks you as your contributions go a long way in making the Holiday special for all of them and their families. 80% of all Members contributed this year.

I would like to congratulate Jennifer Moore, from our Accounting Department, who is the 2018/2019 recipient of the prestigious Team Member of the Year Award. She has been with Orchid Island for 1½ years and is proud to be a part of the Orchid Team. As the Assistant Controller, Jennifer has made significant contributions in creating efficiencies in the way we run the Accounting Operations and working with all the Department Heads and assisting them with their financial needs. She has introduced ways to automate practices and is a great asset to the Orchid Team.



*l-r: Jackie Nickel (Controller), Jennifer Moore (Team Member of the Year), and Rob Tench*

We all owe a thank you to our Town Council for moving forward with an important Dune Renourishment Project. As you know, we have lost a significant portion of our dune over the past couple of years from Hurricane Dorian and other storm events. This Project will provide much needed storm protection for the upcoming year.

The Community Association has received the necessary permits to construct our new Kayak Pier. The contractor will begin their work in January and should complete the project in approximately six weeks. You will be receiving updates on the project from Larry Hoffman, our Property Manager, as the project moves forward.

As always, if I may be of service, please feel free to contact me at (772) 388-2350 or email me at [rtench@orchidislandclub.com](mailto:rtench@orchidislandclub.com).

I wish everyone a healthy and prosperous New Year!



*Thank you for supporting*

# *Operation Hope*

*this Holiday Season!*







## MEMBERSHIP

MARCI ARNOLD, MEMBERSHIP DIRECTOR

*Welcome New Members!*



Mr. & Mrs. Stephen "Steve"  
and Marie "Cookie" Barrett

**Equity Club**

Boston, MA

80 Clubhouse Court



Mr. Thomas "Tom" Carey  
& Ms. Jean Johnson

**Equity Club**

Morristown, NJ

529 White Pelican Circle



Mr. Richard "Rick" Coston  
& Ms. Dana Del Priore

**Equity Club**

811 Pembroke Court



Mr. William "Bill" Gowski  
and Mrs. Janet Peterson Gowski

**Equity Club**

Morristown, NJ

398 Indies Drive



Mr. & Mrs. John and  
Patricia "Pat" Heanue

**Equity Club**

Mamaroneck, NY

424 Indies Drive



Mr. & Mrs. Farid and  
Jennifer "Jenna" Suleman

**Equity Club**

New York, NY | Miami Beach, FL

141 Beachside Drive



Dr. & Mrs. George  
and Anne Golensky

**Invitational Club**

Vero Beach, FL

### *In Memoriam*

Management and Staff express our sincere  
sympathy to the family and friends of:

**Dr. Norman Richard**

**Dr. Louis "Lou" Salmon**

**Mrs. Nancy Higgins**



## FITNESS, WELLNESS & SPA

Denise Duda, Director of Fitness, Wellness & Spa



*Goodbye 2019 and Welcome 2020!* This is the best time of year to focus on your health. With the Holidays over and great weather ahead,

there's never a better time than now

to think about your health. Staying healthy can be achieved in as little as 30 minutes a day. No matter what your motivation to exercise is, you can start today. Is your motivation to lose weight? To reduce your risk of disease? To watch your children and grandchildren grow up, or just to maintain your muscle mass? Your motivation often changes and develops over time but there always needs to be a "why" to get you off the couch and out the door. I suggest you write down your motivation and post it somewhere you'll see every day. This will be a constant reminder of what is driving you to stay healthy. Orchid offers a tremendous variety of ways to keep you on the track to achieving your health and wellness goals.

Beyond simply having a reason why you exercise, it is also important to have goals along the way. You want to write down your goals and keep them in a place that you'll see them often. You might have a long-term goal of losing 20 pounds. A good short-term goal to support your long-term goal would be to exercise for 30 minutes a day, five days a week. Another short-term, supportive goal could be to lose one pound per week. Another goal could be applied to your eating habits and so on. Intermediate goals are a tremendous help also because they help you to see bright spots along your journey to your long-term goal. Perhaps your current long-term goal is to get stronger and increase balance. Perhaps it is simply to be active each day. No matter how far away your goal may feel, each time you complete your task you are one step closer to achieving your goal; day by day, week by week! Consistency is the key.

Always remember no matter how little you feel you accomplished, you still lapped the person still sitting on the couch. 2020 welcomes you with the best selection of Personal Trainers, Group Exercise Instructors, Pilates Instructors, Massage Therapists, Physical Therapists and more. Your Orchid Island Fitness Center and Spa offers truly seamless programming to help you achieve your goals, both short term and long term. I challenge you to start the year strong and let's work together to keep the momentum going!

SHORT TERM GOALS + INTERMEDIATE GOALS = LONG TERM GOAL ACHIEVED!



*Orchid Island offers a comprehensive array of spa services that promote health and wellness*

The Orchid Spa has teamed up with Image Skin Care to make looking good easy. Join us on...

### **Saturday, February 8**

**11:30 a.m.** for two complimentary "Lunch & Learn" workshops. Hear about what products are available to make you look and feel your best. Please RSVP by calling 388-9094.

Mark your Calendar...

### **Saturday, February 22**

**Island Life Trunk Show | 1:00 p.m.**  
*featuring Local Fashion Designer & Artist Kristin Meeks at the Tennis & Fitness Center*



### **Saturday, February 29**

**A Day of Beauty | 11:30 a.m.**  
*with Dr. Anita Saluja at the Beach Club*



## **ROYAL BALLROOM**

is back this season to offer Ballroom Dance lessons at Orchid Island. These classes are part of your Group Exercise programming and are a fun way to learn basic steps that everyone can utilize at weddings, parties, events or just for fun.

## **FRIDAYS | 3:00 P.M.**

## **TENNIS & FITNESS CENTER**

**\$22.00/COUPLE | \$13.00/INDIVIDUAL**

*No reservations are necessary.*



## CLUBS & ACTIVITIES

Sarah Piazza, Activities Coordinator



### GARDEN CLUB

The Garden Club of Orchid Island has a flourishing EVENT-ful Season lined up!

**Sign-up by January 15 for  
"THE PALM BEACH HOME & GARDEN TOUR"  
Bus Trip on Sunday, March 1.  
\$175 includes tickets and boxed lunch.  
Transportation is provided by the Garden Club.  
Tickets are non-refundable.  
Bus will depart from Orchid at 9:00 a.m.  
sharp and return by 4:00 p.m.**

**Wednesday, February 19, 10:00 a.m.**

Succulents Workshop at Rock City Gardens.  
\$75 per person. Rock City Gardens' designer will give a class and hands-on guidance. Driftwood planter, succulents and planting material included.  
Donuts and coffee will be served.

### ORCHID ISLAND BRIDGE

**MONDAYS | 1:00 p.m. | SANDPIPER ROOM**

Fellow Member Steve Jackson will be offering the following bridge opportunities, available to all Members this Winter season;

#### "Refresher Bridge Lessons"

**6 Week Refresher Course**

**Mondays | 9:00~10:30 a.m. | Sandpiper Room**

**\$175.00 per attendee**

**Attendees will receive copies of "A Taste of Bridge" and "The Standard American Yellow Card."**

#### "Mulligan Mondays"

**Week-By-Week: Come to as many or as few as you like.**

**Mondays | 10:30 a.m.~11:30 a.m. | Sandpiper Room**

**\$5.00 per session**

**Attendees will experience 1 hour of fast-paced, interactive discussions of hands from the prior week's game at Orchid or The Vero Beach Bridge Center.**

*You may sign up for both of these by contacting Sarah Piazza, Activities Coordinator, at 646-7117 or [sjpiazza@orchidislandclub.com](mailto:sjpiazza@orchidislandclub.com). You may also sign up for the "Mulligan Mondays", weekly, on the Orchid Island website.*

#### Upcoming Dates

**January 20 - STaC Game (Silver Points)**

**January 27 - ACBL Championship (Must be ACBL Member for Points)**

**February 10 - Member Guest Day**



## ORCHID ISLAND ART CLUB

The Orchid Island Art Club's wine & cheese opening meeting in November was a great opportunity to get reacquainted, to announce this season's art club events, and to welcome several new members!

Also in November, Art Club Member and Photographer Extraordinaire, Lou Lower, captivated and informed us with his presentation on photography "Through the Glass: A Photographer's Perspective".

**Join us for these upcoming events:**

#### **Tuesday, January 14**

"The Language of Flowers" Oil Painting Class with Judy Stach  
\$65 per person (boxed lunch included)  
9:00 a.m. ~ 2:00 p.m. | Sandpiper Room

#### **Sunday, February 16**

"Palm Beach Fine Craft Show & The Palm Beach Show"

Bus Trip | \$40 per person | 9:00 a.m. ~ 7:30 p.m.

Bus Departs from Golf Club | 9:15 a.m.

*Please note: This trip is expected to sell out as the bus can only accommodate 56 pp, so be sure to sign up early. Includes admission to both the fine arts and crafts show and the jewelry and antique show & bus transportation. Lunch will be on your own.*

Be sure to stop by and see the Golf Club Card Room Display of our art club members' work with a new theme each month!

**January's Theme - "Around the World"**

**February's Theme - "A Few of My Favorite Things"**

Please pick up an OI Art Club pamphlet/directory next time you are in the golf club office or visit our website to see other upcoming events for the season! To become a new member (all levels welcome!) or to sign up for an event, please call Sarah Piazza, Activities Coordinator, at 646-7117.

### ORCHID ISLAND MAH JONGG

**WEDNESDAYS | 1:00 p.m. | SANDPIPER ROOM**

Jayne Drucker, Mah Jongg Chairperson, is excited to announce that Orchid's Mah Jongg Club will participate in an upcoming Inter-Club League with John's Island, Quail Valley and Riomar. Orchid will be hosting on February 22, 2020 from 9:00 a.m. to 12:30 p.m. with lunch to follow.

Please contact Jayne at [jayne6299@aol.com](mailto:jayne6299@aol.com) or (407)797-7200 if you are interested in participating.

\* It is time to order next year's cards. Please contact Jayne to let her know how many and what size cards (regular or large print) you would like.

\*\* If you are no longer interested in participating in Mah Jongg, please let Jayne know.

**For more information regarding Orchid Island Clubs within the Club, please contact Sarah Piazza, Activities Coordinator, at [sjpiazza@orchidislandclub.com](mailto:sjpiazza@orchidislandclub.com) or by calling (772) 646-7117.**

# ORCHID ISLAND YACHT CLUB



## Ahoy Mates!!

The OIYC kicked off the new season in November with a “welcome back” afternoon of camaraderie, cocktails and hors d’oeuvres riverside on the deck of Capt. Butcher’s in Sebastian. This event was closely followed by a very fun and festive Christmas Cocktail Party, “Charleston-Style”, where our Southern belles and gents got into the holiday spirit at the beautiful Marsh Island Club. The weather was perfect, the food was delicious and plentiful, the clubhouse glowed with candlelight and Christmas cheer, and the spirits flowed freely!

OIYC Members will come by land or by sea to our always-fun and always well-attended annual Luncheon Cruise to the Quail Valley River Club which is scheduled for Saturday, February 8th from 12:30 to 2:30 p.m.

Please stay tuned for our upcoming Spring events, or pick up an OIYC directory booklet detailing all our club events in the Golf Clubhouse Administration Office, or look on the OI website under “Activities”, and then “Yacht Club”.

## Club Cinema

7:30 P.M.

BEACH CLUB SANDPIPER ROOM

COMPLIMENTARY POPCORN & MOVIE CANDY  
FULL BAR AVAILABLE

MONDAY, JANUARY 27

**\*PLEASE NOTE CHANGE OF DATE**  
**“THE DAY OF THE JACKAL”**

~

SUNDAY, FEBRUARY 9

**“IT HAPPENED ONE NIGHT”**

CALL 388-9291 TO RESERVE YOUR SEAT!

ORCHID ISLAND  
GOLF & BEACH CLUB

2019-2020  
**BOOK CLUB**  
All Members are Welcome!

Tuesday, January 28  
*Nine Women, One Dress* by Jane L. Rosen

Tuesday, February 25  
*Save Me the Plums* by Ruth Reichl

If you have a passion for reading, or want to meet some of your neighbors, please drop by for one or all of our monthly, thought provoking book discussions!

3:00 p.m. | Seaside Lounge

If you have any questions, please contact either  
Sue Badia at (973) 518-0789 or Ann Costello at (772) 202-7081.





## GOLF

**David Champagne, Director of Golf**



### PLAY WITH THE PROS



This is a great opportunity to play with one of the professional staff in a casual 1 Best Ball of Four format.

**Pros Holly Anderson, Ed Borek, Rafael Cardoza, David Champagne & Darren Smith** each have sign-up sheets posted on the bulletin board. At the end of the season, the teams with the lowest scores will receive shop credit! Check your calendar and sign up!!

### TWILIGHT "NINE & DINE"



We will continue with alternating sign-up formats. The first Twilight of each month you may choose your foursome or the Golf Shop will make the pairings. The second Twilight of each month the Golf Shop will make all foursome pairings. Different events formats will be rotated from event to event and we encourage you to join us for these Tuesday gatherings! You are encouraged to bring guests and they will only be charged the Twilight entry fee and guest fees are included in the entry.

**January 21 - 4 Person Scramble**

**February 4 - 2 Person Scramble**

**February 18 - "Tee it Up"**



## Congratulations White Pelican Cup Winners! Team Anderson 2019!

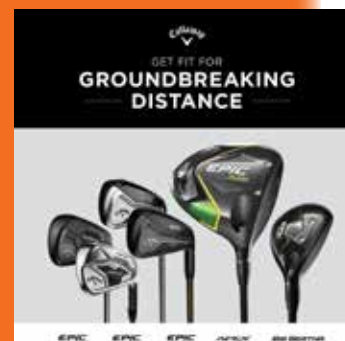
### DEMO DAYS AT THE CLUB

WEDNESDAY, JANUARY 15 | XXIO

SATURDAY, FEBRUARY 29 | XXIO  
11:00 a.m.~3:00 p.m.



THURSDAY, JANUARY 23 | Callaway  
12:00~4:00 p.m.



**Make an appointment by calling 388-9393!**





## LADIES' TWO-DAY MEMBER MEMBER

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**FRIDAY, JANUARY 24**

**& SATURDAY, JANUARY 25**

**7:30 a.m. Breakfast | 8:30 a.m. Shotgun**

Round 1 | Format: Scramble

Round 2 | Format: Better Ball of the Pair

**Awards Luncheon at the Golf Club**

## 6<sup>TH</sup> ANNUAL ORCHID INVITATIONAL PRO-AM

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**MONDAY, JANUARY 27**

11:00 a.m. Lunch | 1:00 p.m. Shotgun

Award Ceremony to Follow

Invite a guest PGA Pro to join your foursome  
and play in this great event. Don't have a pro?

Sign up and we will assign you a local Pro.

## MEN'S TWO-DAY MEMBER MEMBER

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**WEDNESDAY, JANUARY 29**

**& THURSDAY, JANUARY 30**

**7:30 a.m. Breakfast | 8:30 a.m. Shotgun**

Round 1 | Format: Pinehurst

Round 2 | Format: Better Ball of the Pair

**Awards Luncheon at the Golf Club**

## ONE-DAY MIXED MEMBER GUEST

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**SUNDAY, FEBRUARY 9**

**12:45 p.m. Shotgun**

Format: 1 Best Ball of 4

**Awards Dinner at the Beach Club**

## MEN'S' ONE-DAY MEMBER GUEST

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**THURSDAY, FEBRUARY 13**

**7:30 a.m. Breakfast | 8:30 a.m. Shotgun**

Round 1 | Format: 1 Best Ball of 4

**Awards Luncheon at the Beach Club**

## LADIES' ONE-DAY MEMBER GUEST

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**FRIDAY, FEBRUARY 21**

**7:30 a.m. Breakfast | 8:30 a.m. Shotgun**

Round 1 | Format: 1 Best Ball of 4

**Awards Luncheon at the Beach Club**

## FEBRUARY JUNIOR GOLF CLINICS

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**MONDAY, FEBRUARY 17 - FRIDAY, FEBRUARY 21**

9:00 a.m. | Ages 5-7

10:00 a.m. | Ages 8 & Up



**GOLF LADIES' DAY**

**Friday, February 28**

**"Bogie & Bacalls" FORMAT**

**3 Ladies & 1 Man (Bogie)**

**4 Player Scramble**

*Pick your own foursome or sign up as a single and the Pro Shop will pair you.*

12:45 p.m. SG | Entry Fee: \$10.00 per person

Login to ForeTees or call 388-9393 to sign up.

## VAMP

*Vero Area Match Play*

### SCHEDULE OF EVENTS

Tuesday, January 14 - vs Moorings (Home)

Wednesday, January 22 - vs John's Island (Home)

Wednesday, January 29 - vs Indian River Club (Away)

Tuesday, February 4 - vs Pointe West (Away)

Thursday, February 20 - vs Grand Harbor (Away)

**Please login to ForeTees  
to register for all events.**

## FOOD & BEVERAGE

Alex Heater, Food & Beverage Director



Happy New Year! I have planned an exciting lineup of events for the New Year! Please mark your calendars and join us for these exciting upcoming events.

I look forward to seeing you at the Club to kick off a spectacular new year!

### BEACH CLUB HAPPY HOUR

#### Thursdays at the Beach Club

Please join us for Happy Hour and enjoy half-priced cocktails and complimentary hors d'oeuvres. Relax with friends, neighbors and fabulous ocean views!

4:30~6:30 P.M.

Please join us following Happy Hour at the Beach Club for "Pasta Night".

### PASTA NIGHT

THURSDAYS  
AT THE BEACH CLUB

Please join us for a gathering of friends and neighbors for our popular Pasta Night following Happy Hour at the Beach Club! We hope to see you there!

6:00~9:00 p.m.  
\$29.95 per person

FOR RESERVATIONS  
CALL 388-9291  
\*JACKETS NOT REQUIRED

### Turtle Bar

Friday & Saturday Nights • 5:30~9:00 p.m.

Cocktails & Special Bar Menu

Live Entertainment on Friday Nights

### CASUAL FRIDAY PRIX FIXE MENU & CLUB TABLE at the Beach Club

The Club Table is a great way to enjoy dinner and camaraderie with new friends and neighbors - A different host every week! Cocktails in the Seaside Lounge 6:30 p.m. | Dinner 7:00 p.m.  
Call 388-9291 to make your reservations!

### TRIVIA NIGHT CHALLENGE

AT THE BEACH CLUB  
WEDNESDAY, JANUARY 15

Join us for the always popular  
Trivia Night at the Beach Club!  
Get a team together before it's too late!

6:00 P.M. COCKTAILS | 6:30 P.M. DINNER

TRIVIA CHALLENGE TO FOLLOW

\$36.00 PER PERSON

JACKETS NOT REQUIRED.



### POOLSIDE FRIDAY FEST

FRIDAY, JANUARY 17

5:00~9:00 p.m. | \$28.95 per person

at the Beach Club

**\*Please Note\***

*Beach Club Dinner Closed*

### NEW! BEACH CLUB BRUNCH

SUNDAY, JANUARY 19

10:00 a.m.~2:00 p.m. | \$26.95 per person

Beach Club Dining Room





# Fine Wine Affair

## Wednesday, January 22

featuring

# JOSEPH PHELPS

VINEYARDS



6:00 p.m. Reception  
6:30 p.m. Dinner  
Beach Club \*Jackets Required

\$150.00 per person

## MURDER MYSTERY DINNER

WEDNESDAY, JANUARY 29

6:00 p.m. Cocktails | 6:30 p.m. Dinner  
at the Beach Club | \$32.95 per person

"1920's" Gangster Theme | Gangster Attire Encouraged

## VALENTINE'S SWEETHEART GALA

### FRIDAY, FEBRUARY 14

6:00 p.m. Cocktails | 7:00 p.m. Dinner  
at the Beach Club

Dance the Night away to the tunes of  
"The Jannick Show Band"! | \$56.95 per person  
\*Jackets Required / Black Tie Optional

## MEMBER COMPLIMENTARY COCKTAIL PARTY

\*No Jackets Required

WEDNESDAY, FEBRUARY 5

5:30~6:30 p.m.  
at the Beach Club

Foods of New Orleans Mardi Gras Buffet  
\$38.00 per person | \*Jackets Required  
to Follow at the Beach Club | 6:30 p.m.

## BEACH CLUB BRUNCH

SUNDAY, FEBRUARY 16

10:00 a.m.~2:00 p.m. | \$26.95 per person  
Beach Club Dining Room

## TRIVIA NIGHT

WEDNESDAY, FEBRUARY 19

6:00 p.m. Cocktails

6:30 p.m. Dinner

Trivia Challenge to Follow  
at the Beach Club  
\$36.00 per person

## ANNUAL CLUB MEETING

MONDAY, FEBRUARY 24

4:00 p.m.

Sandpiper Room at the Beach Club  
Join us for a Poolside Cookout following the  
Annual Club Meeting • \$25.95 per person

An event you won't want to miss!

WEDNESDAY, FEBRUARY 26

# POOLSIDE LOBSTER NIGHT

At the Beach Club  
Cocktails 6:00 p.m.  
Dinner 6:30 p.m.  
\$58.00 per person  
Jackets NOT Required






**Friday, January 24, 4:00 p.m.**

Complimentary Speaker in the Sandpiper Room.  
Orchid Island Garden Club and Orchid Island Yacht Club  
look forward to co-hosting this important event!  
Founder of ORCA (Ocean Research and Conservation  
Association), Dr. Edith Widder, will present  
“Save the Lagoon” on the topic of preserving  
the health of the Indian River Lagoon.

**ALL ORCHID MEMBERS WELCOME!**

Call 388-9291 to make your reservations.



**ORCA**  
OCEAN RESEARCH & CONSERVATION ASSOCIATION

**“SAVE THE LAGOON”**  
DR. EDITH WIDDER, FOUNDER OF OCEAN RESEARCH & CONSERVATION ASSOCIATION

Dr. Widder will speak on ORCA’s research of the lagoon and what can be done to preserve our valuable natural resource.

The Indian River Lagoon, one of the most biodiverse estuaries in North America, is home to over 2,098 plant species, 2,117 animal species, and provides an annual benefit of \$7.6 billion according to a 2016 economic study.

**FRIDAY, JANUARY 24**  
4:00 ~ 5:00 P.M.  
**SANDPIPER ROOM**  
**Complimentary Speaker**  
Call 388-9291 to reserve your spot.

Open to  
ALL Orchid Members

Co-Hosted by Orchid Island Garden Club &  
Orchid Island Yacht Club



Please call 388-9291 to make all of your a la carte dining and special event reservations.







## RACQUET SPORTS

**Jim Buck, Director of Racquet Sports**



Welcome 2020!

With the Holiday season just in our rearview, let the games and fun begin! Join us for our weekly events and get ready for some of our monthly get togethers whether it is Tennis or Pickleball. Keep track of all the action by stopping by the Tennis and Fitness Center, reading your emails, or looking on Foretees. All sign-ups are available on Foretees as well.

### TENNIS “STROKE OF THE WEEK”

Fridays | 10:30 a.m.

A half hour co-ed clinic featuring a different shot each week. Come out and learn and then hang around and play!

### NEW MEN’S DOUBLES

Fridays | 2:00 p.m.

Sign up and play some good afternoon  
Doubles with Pro Supervision.

### CO-ED 105 CLINICS WITH TROY

This year you can sign up for **Troy’s CO-ED “105” every Saturday at 9:00 a.m.** with the exception of one Saturday a month designated for a special event or mixer.

## TENNIS TWILIGHT MIXER

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TUESDAY, JANUARY 14 | 3:00 p.m.

Pro Supervised, Low Key Mixer

Light Refreshments

## MEN’S MEMBER GUEST

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SATURDAY, JANUARY 25 | 9:00 a.m.

It’s time to line up your partners for the Member Guest. An action-packed half day of tennis awaits followed by a nice luncheon on the Tennis Veranda.

## A/B MIXED DOUBLES TOURNAMENT

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SATURDAY, FEBRUARY 15 | 9:00 a.m.

Mixed doubles in this year’s event with an “A” playing with a “B”. You can sign up solo as the Pro Staff will make up the matches and you will change partners.

Luncheon to Follow | Tennis Veranda

## FEBRUARY JUNIOR TENNIS CLINICS MONDAY, FEBRUARY 17 - FRIDAY, FEBRUARY 21

11:00 a.m. | Ages 5-7

11:45 a.m. | Ages 8 & Up

## SINGLES CLUB CHAMPIONSHIP MEN & WOMEN

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THURSDAY, FEBRUARY 27

- SUNDAY, MARCH 1

This year we will have 1 open division for all players and a consolation back draw to guarantee all players 2 matches. Don’t shy away

from the great game of Singles!





## PICKLEBALL

We are excited to continue promoting and growing the game of Pickleball at Orchid Island. Troy Harmon has weekly clinics and round robins suiting to all levels throughout the week.

Mondays & Wednesdays  
Open Co-Ed Pickleball  
3:00 p.m.

Thursdays  
"Shot of the Week" Clinic  
3:00 p.m.

Monday, January 13  
Complimentary Pickleball Introduction  
1:30 p.m.

This will be hosted by Jim, Troy, and Shane. It will include a suggested warm-up to help prevent injuries, and then an introduction to the game. If you have been tempted to begin, here is your chance!

Wednesday, January 22  
Wednesday, February 12  
Pickleball Wine & Cheese Social  
4:00 p.m.

Private lessons are always available throughout the week.

## CLUB HAPPENINGS

### VNA "SHOO THE FLU" FIRST ANNUAL HEALTH FAIR!

The VNA's Shoo the Flu and "First-Ever" Orchid Health Fair had over 70 attendees, receiving more than 100 shots & screenings.

In addition, VNA professionals and Orchid Volunteers provided information about VNA's Services in Home Health, Hospice and Private Duty. The conversations going on around the room were eye-opening for some, reassuring for many...plus welcoming and caring for all. Opportunities were also offered for volunteering with VNA, touring the VNA Hospice House, and participating in a palliative care book discussion group. Orchid's Fitness Group provided healthy refreshments and chair massages.

The VNA and Orchid Volunteers were delighted to provide pathways for wellness and health assistance for the Orchid Members and the wider Vero Community. For additional information, please contact

Carole Finck, VNA Foundation Board member at [carole.finck@gmail.com](mailto:carole.finck@gmail.com).



MONDAY, FEBRUARY 10  
Valentine's Sunset Beach Dog Walk | 4:30 p.m.





# Happy New Year 2020!

