

# S PA

*at Orchid Island*



ORCHID ISLAND  
GOLF & BEACH CLUB



2019-2020

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*Welcome to the Spa at Orchid Island...*

*Rejuvenate on your journey to wellness.*

Orchid Island offers a comprehensive array of spa services that promote health and wellness and provide an escape from life's stress and distractions. Our team of specialists will guide you in formulating a personalized spa experience designed to heal, balance, restore and replenish your body.

Our team of returning, and newly added therapists, each specialize in services and techniques individually suited for each client. Each service offers a truly unique experience ranging from Reike, Swedish, Deep Tissue, Orthopedic and Sports Massage as well as Therapeutic Facials, offering long lasting visible results and improved skin appearance.

Orchid Island Spa Services are competitively priced and offer the convenience of being located by the Beach Club Pool. Our licensed estheticians and massage therapists are among Vero's top professionals. I invite you, your friends, guests and family to try the Spa today by calling (772) 388-9094 and scheduling your mini getaway to wellness.

Please feel free to call me for specific therapist recommendations.

My goal is to make your Spa experience memorable and to exceed your expectations.

*Denise Duda*

Director of Fitness, Wellness & Spa

# FACIALS

Though facials are commonly thought of as a form of pampering, the skin treatment is not simply a frivolous luxury. The many benefits that facials have on your skin make them a treatment worth investing in. Improve the overall look and feel of your complexion. For optimum long lasting results, make time for monthly facials paired with professional skin care products.

## ORCHID ISLAND SIGNATURE FACIAL

75 MINS / \$125

This treatment combines skin-type specific cleansing, exfoliation, extractions and an individualized treatment mask chosen to soothe the skin.

## ORCHID ISLAND CLASSIC FACIAL

60 MINS / \$80

Professional consultation with a customized treatment and plan to exfoliate, hydrate and brighten your skin's appearance.

## FACIAL TREATMENTS

### DERMAPLANING

\$85

Exfoliating treatment that removes fine peach fuzz, dead skin cells and preps skin for improved product penetration.

### MICRODERMABRASION

60 MINS / \$85

SPECIAL 4 SESSIONS / \$300

Crystal free microdermabrasion gently lifts away dead skin providing a deeper exfoliation. Increased blood flow promotes collagen and elastin production, resulting in firming and toning of the skin.

### MICRODERMABRASION & OXYGEN COMBO

90 MINS / \$150

### ANTI-AGING LED FACIAL

Intense LED photopulsation light technology designed to help diminish the visible appearance of fine lines, wrinkles and age spots on the face and neck promoting collagen firmness.

### LED FACIAL

90 MINS / \$125

### LED EXPRESS TREATMENT

30 MINS / \$65

### LED SERIES FOR OPTIMUM BENEFIT

6 TREATMENTS / \$395

## PROFESSIONAL PEEL TREATMENTS

### ALL PEEL TREATMENTS

60 MINS / \$95

3 TREATMENT SPECIAL / \$250

*(First Treatment Includes a Take Home Post Care Kit)*

## SPA SERVICES

### WAXING

SINGLE AREA \$15

DUAL AREA \$25

FULL FACE \$50

### TINTING

EYEBROWS \$25

EYELASHES \$25

LASH LIFT \$50

### ADD ONS

COLLAGEN EYE TREATMENT \$15

EXFOLIATING LIP TREATMENT \$15

DÉCOLLETÉ TREATMENT \$40

HAND TREATMENT \$25

MEN'S BACK TREATMENT \$45



# MASSAGE THERAPY

## RELAXATION MASSAGE

60 MINS / \$80

90 MINS / \$120

Tailored to your specific needs, you will unwind with a massage to promote complete relaxation for your mind and body. Your Therapist can incorporate deeper pressure to address chronic pain and muscle fatigue.

## ORCHID ISLAND SIGNATURE MASSAGE 80 MINS / \$95

This treatment is a customized massage to focus on your individual needs using your choice of essential oils. It includes a combination of hand treatment, foot scrub and scalp massage. Feel relaxed and invigorated at the same time. Loosen tight muscles, increase oxygen and blood flow and increase the body's own energies.

## CHAIR MASSAGE

30 MINS / \$45

A 30 minute massage which is perfect for alleviating neck and low back tension and improving circulation.

## REIKI MASSAGE

60 MINS / \$80

This massage is an effective treatment for natural healing focusing on body energy.

## ADD ONS

**15 MIN SERVICES / \$25**

REFLEXOLOGY

HERBAL FOOT SCRUB

FACIAL MASSAGE W/HOT TOWEL TREATMENT

REJUVENATING SCALP MASSAGE

**30 MIN SERVICES / \$40**

SUGAR GLOW FOOT & HAND SCRUB

EXFOLIATING BACK SCRUB W/ESSENTIAL OILS

REFLEXOLOGY

PARAFFIN HAND WAX





# SPA POLICIES

## APPOINTMENTS

Advance reservations are required. For same day appointments on Saturday & Sunday, please call prior to 10:00 a.m. to guarantee availability.

## FOR AN OPTIMAL SPA EXPERIENCE

Please arrive at least 15 minutes prior to your scheduled appointment time. This will allow you time to check-in & relax prior to your services. Should you arrive late, your treatment will be shortened to allow your Therapist time to accommodate the next guest.

## CANCELLATIONS

All spa services are reserved especially for you so please notify us at least 24 hours in advance if you need to cancel or reschedule your appointment. Full service fee will be charged for no shows.

## AGE REQUIREMENTS

The facilities inside the spa are reserved for those 16 years of age & older.

## SERVICE CHARGE

Spa service will be charged to your membership account. This includes a 15% gratuity for the therapist. This amount may be increased or decreased at the discretion of the Member.

## GIFT CERTIFICATES

Gift Certificates are available for any of our spa services & are valid for up to one year after purchase date.

HOURS OF OPERATION

November - May

Daily. . . . . 9:00 a.m.~5:00 p.m.

June - October

Tuesday - Saturday. . . .9:00 a.m.~5:00 p.m.

*Please call the Tennis & Fitness Center at  
(772) 388-9094 to schedule all spa appointments.*



License #: MM22425